

Dunfermline Cycling Club



Dunfermline Cycling Club

2024 Strategic Plan

Background

DCC has been around since 1935 and has many traditions in racing and bike riding. This is a great heritage and foundation upon which to develop what is already Fife's biggest cycling club.

Our club has experienced significant growth in the last few years, currently sitting at 224 members, with areas of development never seen before such as Recreational Road Cycling, New Start Rides, Women Friendly Rides and continued participation in racing. This trend looks set to continue and with the other cycling disciplines also enjoying growth and renewed interest, this plan has been put together in order to map out how we best support the needs of our growing membership.

Our Aims

In order to maintain a solid structure for a stronger club that balances the differing expectations of members with the need to develop, it is clear that it would be of great benefit to members if we aim to improve the skills and confidence levels for all.

The following key goals continue to drive us towards our development needs across the discipline specific draft plans that follow.

Goal 1 'Be a better cyclist' Create and facilitate training and development structures to; improve skills and performance for fitness, fun benefiting those riding for recreational reasons and/or racing.

Goal 2 Develop and support coaches to progress through the various levels in the disciplines of their interest.

Goal 3 Increase participation and development of women and junior riders, creating a more balanced member profile.

Goal 4 Facilitate high quality cycle events to provide opportunities for our current members and showcase DCC, demonstrating how it can help the cycling and wider community.

Goal 5 Attract and retain members, to increase the amount of people engaged with developing the club, by riding, and supporting racing in club colours.

In order to achieve these goals it is clear that we need to create and sustain an environment that enables coaching to take place. The award of DCI funding in 2018 has helped us move towards that goal.

This means qualified coaches, facilities and planned sessions to deliver and achieve our stated aims.

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Delivery

The following plan outlines how we will integrate this coaching resource

Discipline specific training and plans supported with coaching to enable us to achieve our key goals and serve the key areas that people are interested in.

Road

- Recreational - planned and coordinated led rides on new and familiar routes.
- Maintain our 'New Start' Rides for beginners to group riding.
- Increase our Women Friendly Rides
- Maintain the monthly 'Club 100' Rides, a series of monthly group rides alternating between 100k and 100 miles.
- Encouraging Club Members to participate in Road and Crit races with an informed racing programme and guidance.
- Weekly Chain Gang sessions including a 'Lite' group focussed on technique, on open roads in the Summer and continuing throughout winter at Fife Cycle Park.
- Develop new Cat 4 and Cat 3 riders with aim of progressing to higher levels
- Delivery of events – Jack Murray Road Race/Eileen Roe Shield Women's Race (to be championship events); Tour of the Kingdom Sportive, maintain our commitment to running and supporting events on the FCA calendar and a new crit at FCP.
- Continue to act as the anchor Club and collaborative Partner at the new Fife Cycle Park in Lochgelly

Time trialling

- Deliver TT events
 - Mid week FCA Series
 - Annual Mountain Time Trial event
- Compete in National events 10, 25, 50 and 100 mile, SVTTA champs.
- Hill climbs
- Team Time Trial

Off-Road

- Incorporating Mountain Biking, Gravel and CX
- New recreational weekly rides, risk assessed and supported by qualified ride leaders and first aiders
- Develop a specific coaching programme
- Organise away days
- Develop an off road racing calendar to encourage more participants

Operational Support

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The club is lucky enough to benefit from members who want to engage and get more involved in the operation of the club.

Committee – We have a group of very focussed volunteers who meet monthly to discuss, plan and deliver the clubs plan. Meetings are open to members every second month allowing them to participate.

Volunteers – Delivery of any event or ride requires members to help out and we're lucky enough that we have a core of individuals to help out. We have also put in place a volunteer reward scheme to encourage participation.

Communication – build upon the excellent progress made in this area with the Media Secretary's active involvement.

External Network – the club enjoys excellent relationships with key stakeholders such as Scottish Cycling, FCA, Fife Council and other clubs who's riders make up our second claim core of members

Make use of the Clubs involvement with Scottish Cycling's Club Development programme.